

Pregnancy and Child Care Resources

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CHILDCARE

**Child Care Payment Assistance Customer Service Line
1-833-740-1440**

For new applications go to <https://onedhs.tn.gov/csp>

Required Verifications:

Last 8 weeks of paystubs for parents in the home

ID for parents in the home

Birth Certificate for all children in the home

Proof of residence (rent receipt, lease agreement, mortgage statement or utility are the only acceptable proof of residence)

Detailed student schedule (if parent is enrolled in school)

CHILD CARE RESOURCE AND REFERRAL CENTER

www.tnccrr.org

Healthy Start Tennessee and Healthier Beginnings

Centerstone Early Childhood Services centerstone.org/programs/early-childhood-services **931-490-1580**

Resources & Information for ALL Parents

www.kidcentraltn.com

WIC or CHANT PROGRAM

Warren County Health Department

1401 Sparta Street, McMinnville, TN

931-473-8468

WIC- (Women, Infants and Children) is a Special Supplemental Nutrition Program for Women, Infants, and Children. WIC is a federally-funded program designed to provide supplemental food assistance and nutrition education to low-income pregnant, postpartum, and breastfeeding women, infants, and children until age five.

CHANT (Community Health Access and Navigation in Tennessee) Navigating the complex system of health and social services can be challenging for many individuals and families, and depending on individual needs and medical diagnoses, care may involve a number of programs, providers, and personnel. To overcome these challenges, the Tennessee Department of Health recently streamlined three public health programs, Help Us Grow Successfully (HUGS), Children's Special Services (CSS) and TennCare Kids Community Outreach into one integrated model of care coordination, the Community Health Access and Navigation in Tennessee (CHANT). **CHANT teams provide enhanced patient-centered engagement, navigation of medical and social services referrals, and impact pregnancy, child and maternal health outcomes.**

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TRANSPORTATION SERVICES

Ride Upper Cumberland (UCARTS)

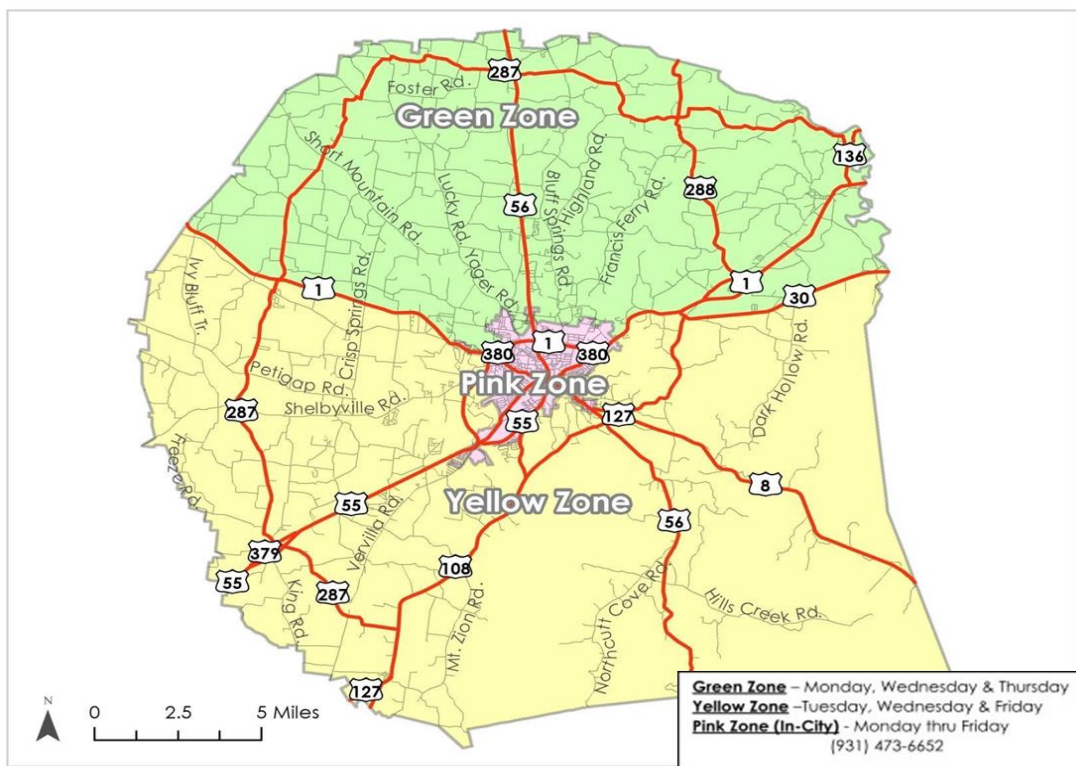
(931) 473-6652 or 1-833-UCTRIPS

Offers door-to-door public transportation in each county we serve. Transportation services are customized by each county to address the local needs of residents as they are identified

One-way \$1.00 Zone Days, Out of Zone Days \$2.50 upon availability

Schedule your plans according to zones Monday – Friday 8:00 AM – 4:30 PM.

Arrange your activities between the hours of 10:00 AM and 2:00 PM.



Cookeville, \$5.00 one-way	Monday thru Friday	Based on 1 st Appointment. Make appointment between 10:00 AM and 2:00 PM
Manchester/Tullahoma, \$3.00 one-way	Monday thru Friday	Based on 1 st Appointment. Make appointment between 10:00 AM and 2:00 PM
Chattanooga, \$8.50 one-way	Wednesday	Based on 1 st Appointment. Make appointment between 10:00 AM and 2:00 PM
Murfreesboro, \$5.00 one-way	Monday Thru Friday	Based on 1 st Appointment. Make appointment between 10:00 AM and 2:00 PM
Nashville, (I-24 Express) \$8.50 one-way	Monday Thru Friday	Departs McMinnville 6:00 AM and 11:00 AM, Returns McMinnville 12:30 and 6:00 PM

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TRANSPORTATION SERVICES (CONT)

Go Upper Cumberland is a transportation service with fixed daily routes. Please call for more information **931-473-6652** or **931-267-6542 / 1-833-UC TRIPS (1-833-828-7477)**



ROUTE TIMES	PHONE CONTACT
BOTH ROUTES MON - FRI 7 AM - 6 PM	(931) 473-6652
RED ROUTE FRIDAY EVENINGS 6 PM - 6 PM	(931) 267-6542
RED ROUTE SATURDAY ONLY 10 AM - 6 PM	(931) 267-6542

RED ROUTE (COUNTER CLOCKWISE)	
DESTINATION	HOURLY SCHEDULE
HUB	:00
WEST RIVERSIDE MARKET	:04
SENIOR CENTER	:08
BEERSHEBA TOWERS	:12
3 STAR MALL	:20
RIVER PARK HOSPITAL	:23
GOODWILL	:31
SAVE-A-LOT	:33
WALMART	:35
CASCADE AVENUE	:41

BLUE ROUTE (CLOCKWISE)	
DESTINATION	HOURLY SCHEDULE
HUB	:00
REBEL HILL	:01
WEST END AVENUE	:08
CASCADE AVENUE	:13
PIONEER CHURCH	:15
WALMART	:18
SAVE-A-LOT	:19
3 STAR MALL	:32
BEERSHEBA TOWERS	:37
WEST RIVERSIDE MARKET	:46

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PREGNANCY RESOURCE CENTERS

These centers offer a variety of services and support for women which may include advocacy, testing, ultra-sounds, education, referrals, adoption information, and counseling. Services may vary.

Pregnancy Care Center of McMinnville: 308 N. Spring St., McMinnville

By Appointment Only

Pccmcmtn.com

931-474-2273

Cookeville Pregnancy Clinic: 714 North Dixie Ave., Cookeville, TN 38501

www.cookevillecpc.org

931-526-5525 or 1-800-712-4357

Portico: 726 South Church Street, Murfreesboro, TN 37130

www.porticostory.org

615-893-0228

TENNCARE

TENNCARE *Options to Apply for TennCare:*

- Go to tenncareconnect.tn.gov. You can also apply over the phone by calling TennCare Connect at 1-855-259-0701 or Print paper application and fax or mail.
- Apply at the Marketplace- www.healthcare.gov or call 1-800-318-2596
- Call Warren Co. Health Department 931-473-8468 for assistance in applying for TennCare.
- Contact DHS office at 473-9633 for assistance applying for TennCare.
- TN Justice Center at 615-255-0331 for assistance with application www.tnjustice.org

OTHER TENNCARE NUMBERS

TennCare Advocacy

1-800-758-1638

TennCare Member Medical Appeals (*Formerly TennCare Solutions Unit*)

1-800-878-3192

TennCare Connect-CoverKids

1-855-259-0701

DentaQuest

1-855-418-1622

OTHER HELPFUL NUMBERS

Child Support Customer Service

615-253-4394

www.tn.gov/humanservices/for-families/child-support-services

Warren County Child Support Services Office 125 E. Main St. McMinnville

931-473-6561

Upper Cumberland Human Resource Agency (UCHRA) 201 Locust St. Suite 16

931-473-6652

Family Assistance Center (Food Stamps, Families First)

1-866-311-4287

American Pregnancy Association www.americanpregnancy.org

1-800-672-2296

Bethany Lifeline Pregnancy Hotline

1-800-BETHANY or 1-800-238-4269

Aspell Recovery Center *Program for Mothers with Addiction Issues*

www.aspellrecovery.com 731-427-7238

Breastfeeding Support Group

1-855-4BF-moms or 1-855-423-6667

Breastfeeding Support:

wicbreastfeeding.fns.usda.gov

breastfeeding.support