

# SRA Vs. “Comprehensive” Sex Education Comparison

## A Look at Typical Programs

	<b>SRA Abstinence</b>	<b>SRR “Comprehensive”</b>
Emphasis on Risk Avoidance	Devote more than 50% of page content to promoting risk avoidance.	Devote less than 5% of their page content to SRA. Allocate six times more content to the goal of promoting contraception than to the goal of promoting SRA
Focus	Risk elimination (SRA)	Risk reduction (contraceptive use, especially condoms)
Message	Focused. (Waiting until marriage is clearly the BEST choice.)	Mixed. (EITHER SRA OR having sex with a condom are equally good choices; or, SRA is marginally better than having sex with contraception.)
Philosophy	<p>a) Teen sex and/or casual sex is problematic, even if contraception is used, based on risk of STDs, pregnancy, and negative emotional consequences.</p> <p>b) Armed with full information about the risks of teen sex and the benefits of abstinence, teens CAN and DO choose to refrain from having sex. (The majority of teens today—53%—have not had sex.)</p>	<p>a) As long as contraception is used, teen sex and/or casual sex is unproblematic. There are no potential negative emotional consequences. b) Teen sex is expected, inevitable, and a natural part of healthy sexual development.</p>
Behavioral Goal	Delayed sexual initiation, preferably until marriage, or “renewed abstinence” for the student already sexually experienced.	Increased contraceptive use, especially the condom.